

St. Peter's C.E. Primary School



Relationships and Sex Education Policy

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Relationships and Sex Education (RSE) Policy

1. Introduction

Our school's vision is for all children to flourish academically, spiritually and socially. We believe that effective Relationships and Sex Education (RSE) is essential to help children develop healthy, respectful relationships and understand the importance of family life, friendships, and self-care. This policy outlines our approach to delivering RSE in line with the statutory guidance from the Department for Education (DfE).

2. Aims and Objectives

Our RSE programme aims to:

- Help children develop positive and healthy relationships with family and friends.
- Promote respect for others and an understanding of different types of families and relationships.
- Support children in understanding how to stay safe, including online safety.
- Encourage self-respect, confidence, and emotional well-being.
- Prepare pupils for the physical and emotional changes of growing up.
- Ensure teaching is age-appropriate, inclusive, and respectful of different cultural and religious backgrounds.

3. Statutory Requirements

In accordance with the Department for Education's statutory guidance, we teach Relationships Education to all pupils. Health Education, which includes puberty education, is also statutory. While Sex Education is not compulsory at primary level, we provide age-appropriate discussions on human development as part of our Science curriculum.

4. Policy Development

This policy was developed following:

- A discussion with a focus group of parents and the Headteacher
- Consideration of the results of a questionnaire to parents on their views about different aspects of RSE

5. Curriculum Content

By the end of primary school, pupils will have been taught about:

- Families and people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Puberty education, including changes to the body, will be taught as part of Health Education in Years 4, 5 and 6.

6. Delivery of RSE

RSE is taught through a combination of:

- Dedicated PSHE (Personal, Social, Health and Economic) lessons
- Cross-curricular links with Science and Computing

Lessons will be adapted to meet the needs of all pupils, including those with Special Educational Needs

7. Right to Withdraw

Parents/carers do not have the right to withdraw their child from Relationships Education or Health Education. They may request to withdraw their child from non-statutory elements of Sex Education, but we do not teach Sex Education at St. Peter's.

8. Further information

If you would like further information about Relationships and Sex Education at St. Peter's, please contact Mr Wedgeworth, the Headteacher:

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Telephone: 0161 764 2017