

PSHE Long-term plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 6	Wellbeing: caring for our mental health Keeping safe: Halloween and Bonfire Night	Understanding the law (knife crime, anti-social behavior, shop theft) Drugs and alcohol	Relationships (racism, sexism, different relationships) Keeping safe online		Keeping safe near open water Money and jobs	Wellbeing: transition to secondary school
Year 5	Wellbeing: positive mindset Keeping safe online, near railways, Halloween and Bonfire Night	Wellbeing: things I do that could impact on the way I feel	Caring for the environment	Growing and changing Keeping safe (inc PANTS)	Keeping safe near open water Migrants, refugees, inclusion, belonging, addressing extremism	Relationships Keeping safe: medical conditions
Year 4	Relationships	My emotional wellbeing	Keeping safe online	Staying healthy: (Healthy eating; dental health; sleep; drugs & alcohol)	Growing and changing	Families
Year 3	Wellbeing	Understanding the Law & Keeping safe	Keeping safe	Keeping safe	Money and jobs	Friendships
Year 2	Wellbeing	My emotional wellbeing	Inclusion, belonging, addressing extremism Keeping safe (road & rail)	Keeping safe (online & sun safety)	Families	Families
Year 1	Growth mindset	My emotional wellbeing	Keeping safe (inc PANTS)	1. Drugs & alcohol 2. Caring for the environment	Growing and changing	Friendships
EYFS*	Our Feelings and recognising emotions	I am special.	Our Community Who is special to me?	What makes a good friend?	Why is honesty important?	Showing perseverance and resilience

*Heartsmart – same topics but different content in Nursery & Reception

Red text = Myhappymind