

Unit	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5	Lesson 6	Lesson 7
GET HEARTSMART (Meet boris)	My HeartSmart Tool-belt Looking at Boris' special tools to learn what it means to be HeartSmart	Becoming Boris Using junk materials to dress up as Boris	Fill Boris' Toolbox Roll a dice to find the missing tools from Boris' toolbox	How do they feel? Learning to read facial expressions and body language to understand how someone is feeling	My heart is full Talking about the things we love and how they make us feel.	Heart hunt Looking for hidden hearts	N/A
	ACTIVITY PSED-SC/SA	ACTIVITY PSED-MR	GAME PSED-MR	ACTIVITY PSED-MFB	ACTIVITY PSED-MFB	GAME PSED-MR	
DON'T FORGET TO LET LOVE IN! (I am special)	I am loved! Learning that each one of us is loved, special and important	My favourite things Thinking about our favourite things and how they are all different.	My Heart Talking about how we demonstrate different emotions.	Twinkle Twinkle Thinking about what makes our friends special.	Who am I? Children to find different objects they like	EYFS has talent Demonstrating our different skills and talents.	N/A
	CIRCLE TIME PSED-SC/SA	ACTIVITY PSED-SC/SA	ACTIVITY PSED-MFB	GAME PSED-MFB	ACTIVITY PSED-SC/SA	ACTIVITY PSED-SC/SA	
TOO MUCH SELFIE ISN'T HEALTHY! (I love others)	I love to... Discussion about who you love and what you love to do together	Parachute families Game to demonstrate how everyones family is different	Sorting feelings Looking at ways people express how they are feeling and ways we can show we care	How do you do? Exploring ways to show care and affection for others.	Helpful Hearts Thinking about how we show others we care when we offer our help.	Thank you for helping me Thanking members of the school community for their help.	N/A
	ACTIVITY PSED-MR	GAME PSED-MR	ACTIVITY PSED-MFB	GAME PSED-MR	ACTIVITY PSED-MR	ACTIVITY PSED-SC	



Reception

<p>DON'T HOLD ON TO WHAT'S WRONG (I am a good friend)</p>	<p>Super friends Discussing what makes a super friend.</p> <p>ACTIVITY PSED-MR</p>	<p>Musical Friends Game to show the importance of including others</p> <p>GAME PSED-MR</p>	<p>Listening ears Game to encourage children to listen to one another.</p> <p>GAME PSED-MFB</p>	<p>Soft words, Hard words Thinking about the types of words we use and how they make others feel</p> <p>ACTIVITY PSED-MR</p>	<p>If I met the scrap man Being kind to others even when their behaviour is unkind.</p> <p>ACTIVITY PSED-MR</p>	<p>Grumpy Frog story Exploring saying sorry through story</p> <p>STORY PSED-MFB</p>	N/A
<p>FAKE IS A MISTAKE (I tell the truth)</p>	<p>Boris and the scrapman's lies Children to differentiate between lies and truth</p> <p>ACTIVITY PSED-MFB</p>	<p>Cheer up Boris! Write or draw a postcard for Boris using kind and encouraging words.</p> <p>ACTIVITY PSED-MFB</p>	<p>How Rabbit got his long Ears Story to explore the importance of telling the truth</p> <p>STORY PSED-MR</p>	<p>Hat Games Pretending to be someone else is fun but being me is better.</p> <p>ACTIVITY PSED-SC/SA</p>	<p>Thankful Heart Circle time to think about what the children are thankful for.</p> <p>CIRCLE TIME PSED-SC/SA</p>	<p>Tell me about you Sharing and celebrating differences in our home and families.</p> <p>SHOW AND TELL PSED-SC/SA</p>	N/A
<p>'NO WAY THROUGH', ISN'T TRUE (I can do it!)</p>	<p>Boris in the kitchen Considering how we can move forward from mistakes we make.</p> <p>DISCUSSION PSED-SC/SA</p>	<p>I can challenge Series of challenges for children to practice and complete</p> <p>ACTIVITY PSED-SC/SA</p>	<p>Stuck! Circle time to consider what to do when the children are stuck</p> <p>CIRCLE TIME PSED-SC/SA</p>	<p>When I grow up Game and discussion around what children want to do when they grow up</p> <p>GAME PSED-SC/SA</p>	<p>Magnetic Maze Activity to demonstrate persevering to find a way through</p> <p>ACTIVITY PSED-SC/SA</p>	<p>Changing Caterpillars Considering change through the life cycle of a caterpillar.</p> <p>ACTIVITY PSED-SC</p>	N/A



