



## St. Peter's Physical Education Long Term Plan



Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Outdoor activities/provision, involving bikes, scooters, climbing apparatus, ball games					
R	Throwing and catching	Dance	Fundamental games	Throwing and catching	Athletics	Outdoor adventurous activity (Commando Joe)
1	Throwing and catching	Dance	Fundamental games	Net and wall games	Athletics	Outdoor adventurous activity (Commando Joe)
2	Throwing and catching	Dance	Fundamental games	Net and wall games	Athletics	Outdoor adventurous activity (Commando Joe)
3	Striking and fielding	Dance/gymnastics	Invasion games	Net and wall games	Athletics	Outdoor adventurous activity (Commando Joe)
4	Striking and fielding	Dance/gymnastics	Invasion games	Net and wall games	Athletics	Outdoor adventurous

				<b>Swimming</b>		<b>activity (Commando Joe)</b>
<b>5</b>	Striking and fielding <b>Swimming</b>	Dance/gymnastics	Invasion games	Net and wall games <b>Swimming</b>	Athletics	<b>Outdoor adventurous activity (Commando Joe)</b>
<b>6</b>	Striking and fielding <b>Swimming</b>	Dance/gymnastics	Invasion games <b>Swimming</b>	Net and wall games	Athletics	<b>Outdoor adventurous activity (Commando Joe) Bikeability</b>